



Sex and Relationship Education (SRE) Policy

Principles and Values

ID Academy believes that SRE should:

- Be an integral part of the lifelong learning process, beginning in early childhood and continue into adult life and an entitlement for all young people
- Encourage every pupil to contribute to make our community and aims to support each individual as they grow and learn.
- Be set within this wider school context and supports family commitment and love, respect and affection, knowledge and openness. Family is a broad concept; not just one model. It includes a variety of types of family structure, and acceptance of different approaches.
- Encourage pupils and teachers to share and respect each other's views. We are aware of different approaches to sexual orientation, without promotion of any particular family structure. The important values are love, respect, consent, safe choices and care for each other.
- Allow time to discuss and educate about the impact of technology on pupil attitudes and knowledge. We encourage the safe use of technology in line with our policies.
- Generate an atmosphere where questions and open discussion on sexual matters can take place in a relaxed environment without any stigma or embarrassment.
- Recognise that parents/carers are the key people in teaching their children about sex, relationships and growing up and consult them about the content of programmes.
- Recognise that the wider community has much to offer and we aim to work in partnership with health professionals, social workers, peer educators and other mentors or advisers.

Aims

The aim of SRE is to provide balanced factual information about human reproduction, together with consideration of the broader emotional, ethical, religious, and moral dimensions of sexual health. Our SRE programme aims to prepare pupils for an adult life in which they can:

- Develop positive values and a moral framework that will guide their decisions, judgements and behaviour; have the confidence and self-esteem to value themselves and others and respect for individual conscience and the skills and confidence to judge what kind of relationship is best for them.



- Behave responsibly within sexual and pastoral relationships and understand the severity of misconduct in accordance to the law and the consequences of this.
- An understanding of exploitation and/or exploiting others or being pressured into unwanted or unprotected sex. As well as the knowledge of impact on mental health.
- Communicate effectively by developing appropriate terminology for sex and relationship issues.
- Develop awareness of their sexuality and understand human sexuality; challenge sexism and prejudice, and promote equality and diversity
- Understand the reasons for delaying sexual activity and the reasons for not having protected sex.
- Healthy discussion on boundaries, privacy and consent.
- Have sufficient information and skills to protect themselves and, where they have one, their partner from uninvited/unwanted conceptions and sexually transmitted infections including HIV.
- Be aware of sources of help and acquire the skills and confidence to access confidential health advice, support and treatment if necessary
- Know how the law applies to sexual relationships and sexual misconduct.

Sex and Relationship Education at ID Academy has three main elements:

Attitudes and Values

- learning the importance of values, individual conscience and moral choices;
- learning the value of family life as well as stable and loving relationships and how family units come in many forms;
- learning about the nurture of children;
- learning the value of respect, love and care;
- within all relationships exploring, considering and understanding moral dilemmas;
- developing critical thinking as part of decision-making
- challenging myths, misconceptions and false assumptions about what some consider to be normal behaviour.

Personal and Social Skills

- learning to manage emotions and relationships confidently and sensitively;
- developing self-respect and empathy for others;
- learning to make choices with an absence of prejudice;
- developing an appreciation of the consequences of choices made;
- managing conflict;



- empower pupils with the skills to be able to avoid inappropriate pressures or advances (both as exploited or exploiter)

Knowledge and Understanding

- learning and understanding physical development at appropriate stages;
- understanding human sexuality, reproduction, sexual health, emotions and relationships;
- learning about contraception and the range of local and national sexual health advice, contraception and support services;
- learning the reasons for delaying sexual activity, and the benefits to be gained from such delay;
- the avoidance of unplanned pregnancy;
- the avoidance of sexually transmitted diseases.

Inclusion

We intend our policy to be sensitive to the needs of different ethnic groups and 'respectful of pupils with different backgrounds and beliefs with the aim of providing pupils with the knowledge they need of the law' (DFE Guidance 2020). We will respond to parental / carers requests and concerns.

We will refer students to specialist support where we deem it appropriate.

We aim to deal sensitively and honestly with issues of sexual orientation, answer appropriate questions and offer support. Young people, whatever their developing sexuality, need to feel that sex and relationship education is relevant to them.

Parent/Carer role & Right of Withdrawal of Pupils from Sex and Relationship Education

Parents and carers have the right to withdraw their child from part of the sex and relationships education, but not that part covered in the statutory Science curriculum. If a parent wishes their child to be withdrawn from any aspect of sex and relationship education, they should discuss this with the Head Teacher or The Proprietor, and make it clear which aspects of the programme they do not wish their child to participate in. ID Academy will always comply with the wishes of parents and carers in this regard and will provide appropriate sources of information for parents who wish to withdraw their children.

The school is aware that the primary role in young people's sex and relationships education lies with parents and carers. We wish to build a positive and supporting



relationship with the parents and carers of young people at ID Academy through mutual understanding, trust and co-operation.

Confidentiality, Controversial and Sensitive Issues

Teachers cannot offer unconditional confidentiality. Teachers are not legally bound to inform parents or the Headteacher of any disclosure unless the Headteacher has specifically requested them to do so. Teachers in line with best practice will implement a Working Agreement with their pupils. If the teacher has concerns, they will draw their concerns to the attention of the school's Designated Safeguarding Lead and/or Head Teacher.

In a case where a teacher learns from an under 16 year old that they are having or contemplating sexual intercourse:

The young person will be persuaded, wherever possible, to talk to parent/carer and if necessary to seek medical advice.

Safeguarding will be considered under the school's procedures.

The young person will be properly counselled about contraception, including information about where young people can access contraception and advice services.

In any case where safeguarding procedures are followed, the teacher will ensure that the young person understands that if confidentiality has to be broken, they will be informed first.

Dealing with inappropriate sexual behaviour

Inappropriate sexual behaviour can include:

Inappropriate touching

Sexting i.e. sharing of inappropriate images

Cyberbullying

All staff are regularly updated on local and national issues related to SRE and best practice approaches. This includes raising concerns about inappropriate sexual behaviour, and who to go to for this information, so that it can be addressed.